

La Costa Canyon

(aka: The Frosh. So Cal Championships)
So-Cal Freshman Tournament

“The Freshman today, are the Champions of tomorrow”

This tournament has been a great success. We have 30+ teams, finals @ 5:00 on one mat under the light, awards etc done by 6:15, chairs in coach’s corners etc, Great Coaches Hospitality room! We are looking forward to continuing this great tournament and giving the freshman wrestlers, parents and coaches a good experience for the sport of wrestling.
19th Annual So Cal Frosh Championships.

DATE: *Saturday, January 25th, 2025*

WHERE: La Costa Canyon High School
***First 38 teams w/ contracts will be in the tournament**

TIME: Weigh in Saturday 7:30 am.
Seeding Meeting Sat.8:15am (hospitality room)
Wrestling starts- Saturday 9:30 am.

FORMAT: It will be a 32 man bracket, Three periods (1-2-2),
8 Mats: double elimination, including 98lb class, no B
wrestlers ***1 pound allowance***

AWARDS: Team Champion, Runner- Up, and 3rd-6th place Trophies
Outstanding light-weight
Outstanding heavy-weight
Championship Brackets for the Champions
Medals will be awarded: first, second, two thirds, two 5th
conso. champ (awards only given on medal stand, awards
given simultaneously w/ finals matches, no medals
will be given out if a wrestler leaves early)

ENTRY FEE: \$270.00 Payable to La Costa Canyon Wrestling

Other info: ****Great Coaches Hospitality Room****
Pancake Breakfast/Breakfast Burritos after weigh-ins
Any questions Contact: Dwayne Buth
One Maverick Way, Carlsbad Ca 92009
(760) 271-7892 Cell
dwayne.buth@sduhsd.net

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Dear Coach:

Your school is invited to the La Costa Canyon Freshman So- Cal Wrestling Tournament. It will be held on Saturday January 25th, 2025. The entry fee is \$270.00. Please return the bottom portion of this contract as soon as possible. The first 32 schools that send in the contract are in. When we are full, were full. We have a lot interest in the tournament. So send it in as soon as possible. Thank you.

Dwayne Buth
Wrestling Coach

Freshman So-Cal WRESTLING TOURNAMENT

January 25th, 2025

YES, WE WILL ATTEND _____ NO, WE WILL NOT ATTEND _____

SCHOOL _____

Coach's Signature: _____

Email: _____

Phone Number: _____

PLEASE RETURN TO:
DWAYNE BUTH-Wrestling Coach-LA COSTA CANYON HIGH SCHOOL
One Maverick Way
CARLSBAD, CA 92009